

2018/2019 Impact report

The information below shows the exact impact we have had on our pupils in PE and School sport activity using the Key performance indicators. What we have actually provided for our pupils in The Good Shepherd Catholic Primary School.

FOR EVIDENCE OF ALL RESULTS AND STATEMENTS SHOWN BELOW, PLEASE SEE THE 2018-19 PE EVIDENCE FOLDER

Key performance indicator 1:

The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

- 100% of our children have received high quality PE lessons for a minimum of 2 hours a week every single week. No time lost through changes and challenges in the school year.
- 100% of our children get a total of 80 minutes break time to engage in free play or activity. This can be free play, sport leading, club leading or taking part in a lunchtime sport club. Details of clubs provided are detailed below.
- Sport leaders- every child in year 5/6 gets the opportunity to learn to lead. From this we have had 30 leaders help support reception children in there play and active time – showing them fun games to play and being there as a role model and support student
- Active lessons- Every Classroom has been given the information and tools to implement Active minutes in a classroom session so our pupils don't become sedentary in the classroom. This has been done using tools such as BBC Super Movers, Go Noodle, Just Dance and Premier League Stars

Key Performance Indicator 2:

The profile of PE and sport is raised across the school as a tool for whole-school improvement

GOLD School games mark

- For the second year running the school has received the GOLD school games mark award. Which means the school has evidenced the top standard provided in PE and school sport. To achieve the Gold mark the school has had to:

<ul style="list-style-type: none">• Have a system in place to track young people participation in the school games inclusive of activity• Have tailored opportunities that attract less active young people• Have completed the Health Check Tool• Have a member of staff who has actively engaged with their School Games Organiser as part of your physical activity CPD.• Have registered on the active school's planner• Have positioned Personal Challenge as a key component of your school games provision• Have held a school games day• Organise at least 8 Intra Year school competitions a Year• Take part in at least 6 Level 2 Inter year competitions• Use the School Games format to enter at least 2 Inter school B competitions and at least one C team in these.• Have a school sports organising committee• Completed the activity heatmap• Utilise sports coaches, volunteers or other providers to support school sport and physical activity delivery• Have active links with at least 5 local community pathways, sports clubs and leisure providers.• Of which 2 must engage in taster sessions or are active on the school site providing engaging sessions for the pupils.	<ul style="list-style-type: none">• Have a calendar that has opportunities for all SEND and other targeted groups• Have a notice board and in-house school digital system that promotes school games activity and uses social media for the same purpose• Have maximised the School Games Values to support competition and festival experiences for all young people• Provide all pupils with timetabled PE and have extra curricular provision as addition to this time.• Engage at least 50% of pupils in extra-curricular activity per weeks• Over the course of the year have targeted provision for those least active children in the school• Provide at least 2 digital personal challenges• Promote the school games and results at least once a fortnight to parents and the wider community• Every young person is provided the opportunity to learn to lead through the PE curriculum• Engage at least 15% of KS2 to lead, manage and officiate school games events• Train and engage wider school staff in the delivery of pf school sport and physical activity
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Primary sport school of the year

- For the second year running we were shortlisted and came runners-up for the Primary Sport School of the year 2018! Proving what we do at the school is exceptional and is one of the best in the area, consistently.

Sports Award Scheme

- For the past 6 years we have implemented the Sports Award scheme which rewards effort and engagement in PE. It is a great behaviour management tool, but also something that the children consistently try to achieve and take great pride in getting a sports award in a lesson. The winners this year are shown in the PE evidence folder.

EMIS Health sponsorship- school kit

- This year we achieved a great coup of having EMIS health sponsor the school for new sports kit. They contributed to the school to provide universal sports kit for competitions. This has meant all our children who represent the school take huge pride in wearing the very professional sport kit. The results have been pretty impressive to, shown below!

SSOC/ sport and play leaders

- As mentioned before our school has a school games organising committee and Sport/Play leaders, the committee discuss how we can improve PE and school sport and help support in Inter year competitions with the sport/play leaders helping with younger reception children enjoy activity at break and lunchtimes.

Sports Board in Place

- If you walk around our school you will see we have three sports boards. One which details all the information pupils need to join a club, find a new one or what they have been up to in these clubs. It also shows our sports newsletters providing results of recent competitions our pupils have been in. we also have our team sports board, showing pictures of our current and most successful sports team from the past and the present.

Key Performance Indicator 3:

Increased confidence, knowledge and skills of all staff in teaching PE and sport:

Links with local communities and sports clubs:

- In order to provide exceptional service to our children we have some new and existing sporting links to give opportunity to our children. **School Sports Specialists**- provide upskilling opportunities to our teachers and support everything in school around PE. Everything detailed here has been done through the help of SSS. We have **NTFC** providing Premier reading stars, a program used to engage those less confident in reading to have active opportunities and support in reading. **Healthy Heroes**- have come into the school and provided those maybe less active with information on how to be healthy in the way they eat and through physical activity. We also have **Steve Biss** who comes and provides Tennis lessons at lunch times for pupils wanting to try a new sport. We were also given the opportunity to be a **WILDCAT** centre, where we put on sessions for girls looking to take part in football in a comfortable environment.

NFL Training

- In the summer of 2018 our sports coaches took part in an NFL Flag football training program, which they implemented in the school this year. Providing a new opportunity for children to take part in a fast-growing new sport, they had a go in PE lessons and then had an opportunity to take it up in an afterschool club.

Opportunity for upskilling

- As mentioned, our sport coaches in every PE lesson provide the opportunity for teachers to come and upskill themselves, this could be to initially observe a PE lesson, but then come in and team teach a session, getting hands on experience of taking PE and gaining more confidence and experience for the subject

Active classrooms

- As you will see from our target goals, one of our main targets was to get classrooms more active, especially in lessons where there was very limited activity. The teachers have started to be given guidance and great programs and tools to use in order to be able to implement this. We have had two pilot classes, last year in year 3 and Mrs Richards class in Year 5 this year. Next year every classroom will be expected to incorporate these active times in everyday classroom lessons.

Key Performance Indicator 4:

Broader experience of a range of sports and activities offered to all pupils:

We have provided a huge amount of Extra Curricular clubs for our pupils this year. Gifted and Talented clubs, where pupils looking to represent the school are invited to progress further in a chosen sport, choice clubs, which gives pupils the opportunity to choose if they want to do a club or not. And Clubs we provide for those less active.

Key: **(GT)** Gifted and Talented Club **(MA)** get more Active Club **(CC)** Choice Club

Clubs Offered:

Autumn 1

Day	Club	Numbers
Monday	Healthy Heroes (MA)	12
Tuesday	Year 5/6 Tag Rugby (GT)	10
Tuesday	Dodgeball (CC)	20 (17 KS2)
Wednesday	Football (CC)	20
Wednesday	Football (CC)	20 (12 KS2)
Thursday	Gymnastics (CC)	20 (10 KS2)
Thursday	Year 4/5/6 Girls Football (GT)	10
Lunchtime	Year 5/6 Gymnastics (GT)	4
Lunchtime	Year 3/4 Gymnastics (GT)	4
Activity Clubs ran by students	Mix- only included clubs with high activity e.g Dance (MA)	15
	Total	135
	KS2	114

Autumn 2

Day	Club	Numbers
Monday	Healthy Heroes (MA)	12
Tuesday	Hockey (CC)	19 (17 KS2)
Tuesday	Sportshall Athletics (GT)	12
Wednesday	Football (CC)	13 (3 KS2)
Wednesday	Football (CC)	20

Thursday	Gymnastics (CC)	20 (9 KS2)
Thursday	Year 5/6 Basketball (Comp) (GT)	10
Lunchtime	Year 3/4 Gymnastics (GT)	4
Lunchtime	Year 5/6 Gymnastics (GT)	4
Tues and Thurs	Cross Country (GT and MA)	48
Activity Clubs ran by students	Mix- only included clubs with high activity e.g Dance (MA)	15
	Total	177
	KS2	154

Spring 1

Day	Club	Numbers
Monday	Quicksticks Hockey (GT)	6
Tuesday	Gymnastics (CC)	19 (9 KS2)
Tuesday	Sportshall Athletics (GT)	18
Wednesday	Football (CC)	20
Wednesday	Football (CC)	18 (12 KS2)
Thursday	Basketball (CC)	20 (10 KS2)
Thursday	Sports Stars (MA)	20
Lunchtime	Year 3/4 Gymnastics (GT)	4
Tues and Thurs	Cross Country (GT and MA)	48
Mix- only included clubs with high activity e.g Dance	Mix- only included clubs with high activity e.g Dance (MA)	15
	Total	188
	KS2	162

Spring 2

Day	Club	Numbers
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Monday	Quicksticks Hockey (GT)	6
Tuesday	Gymnastics (CC)	20 (10 KS2)
Tuesday	Sportshall Athletics (GT)	12
Wednesday	Football (CC)	20
Wednesday	Football (CC)	14 (10 KS2)
Thursday	Dodgeball (CC)	12 (9 KS2)
Thursday	Sports Stars (MA)	20
Lunchtime (Tues and Thurs)	Netball (GT)	10 x 2 = 20
Activity clubs ran by students	Mix- only included clubs with high activity e.g Dance (MA)	15
	Cross Country (GT and MA)	48
	Total	187
	KS2	170

Summer 1

Day	Club	Numbers
Monday	Quicksticks Hockey (GT)	6
Monday	Premier Stars Sports club (MA)	20
Tuesday	Gymnastics (CC)	20 (KS2 10)
Tuesday	Netball (GT)	10
Wednesday	Football (CC)	20
Wednesday	Football (CC)	16 (5 KS2)
Thursday	Athletics (CC)	17
Thursday	Quadkids Athletics (GT)	2
Lunchtime (Tues and Thurs)	Netball (GT)	10 x 2 = 20
Child Ran club	Dance (MA)	12
Tues and Thursday Lunch	Cricket (GT)	10 x 2 = 20
Steve Biss Tennis	Tennis (CC)	12
	Total	193
	KS2	174

Summer 2

Day	Club	Numbers
Monday	Quick Sticks Hockey (GT)	6
Monday	Premier Stars Sports Club (MA)	20
Tuesday	Gymnastics (CC)	20 (8 KS2)
Tuesday	Netball (GT)	10
Wednesday	Football (CC)	20
Wednesday	Football (CC)	18 (9 KS2)
Thursday	NFL Flag Football (CC)	8
Lunchtime (Tues and Thurs)	Cricket and Netball (GT)	20 x 2 = 40
Thursday	Quadkids Athletics (GT)	10
Child ran clubs	Dance (MA)	15
Steve Biss Tennis	Tennis (CC)	12
	Total	179
	KS2	158

Average Calculator

For the school games mark we must calculate how many KS2 children took part in extra curriculum activity:

Term and number of KS2 children	Percentage
Autumn 1: 114/226	50%
Autumn 2: 154/226	68%
Spring 1: 162 /226	72%
Spring 2: 170/226	75%
Summer 1: 174 /226	77%
Summer 2: 158/226	70%
TOTAL average	69%

Average of KS2 taking part in afterschool activity is 69%

The evidence above shows we gave huge opportunities to our children at the good shepherd we provided:

27 Gifted and Talented Clubs	15 Get more active Clubs	25 Choice Clubs
67 total clubs provided!		

Swimming results

We also gave the opportunity for some pupils in KS2 to swim.

Results below

Outcome	% of pupils achieving outcome	
	2017/2018	2018/2019
Swim competently, confidently and proficiently over a distance of at least 25 metres	56.4	64.3
Use a range of strokes effectively; front crawl, backstroke and breaststroke	56.4	64.3
Perform safe self-rescue in different water-based situations	56.4	64.3
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used and funding for this purpose?	YES	12 sessions (see breakdown below)

Our none active children 2018-2019

So from information taken from our activity questionnaires the children below were highlighted as taking no part in afterschool activity and hence are our *non- active group*.

Year 3	Year 4	Year 5	Year 6
Elliot b	niko	Kenzie	Leo (A)
Cuba	Eyo	Sara	Ansh (C)
kaydon	alexis	Dominik	patrick
mihal	patryk	George	denisa
Francesca	weronika	Magdelana	Lara (N)
Gemma	Faithlyn	joel	John (SA/QK)
Stephanie	ephraim	Andrew a	Claudia (WC)
Jamie y	katia	Aisha	Elliot
Madeline	Cassidy	Magdalena b	David (QK/CC)
Oskar		Tricia	Sienna
octavian		Alexia	Cory
		Tyler	Justin
		Jaiwin	Phoebe
		adobi	Amy (CC/QK)
			robert
			Marco (SA/CC/QK)
11	9	14	16

In order to achieve the GOLD school games mark we have to get 15% of these actively engaged in a club over two terms. The coloured key below details which clubs these children took part in

Red: Sports Stars Club

Blue- Sport team

Green- Other after school sports club

Of the 50 children highlighted as non- active 26 have taken part in extra curricular activity for more than a whole term, which works out as 52%, smashing our original target.

We also targeted our year 5s this year as getting them more engaged in physical activity. Please see other document to see our active school planner in how we have got them more active in the classroom.

Key performance Indicator 5:

Increased participation in competitive sport

Our school has taken part in a huge number of sports competitions. The information below gives the information of what competitions we entered and how we did. Showing the number of pupils given the opportunity to engage in Primary Sport Competition. We took part in:

Northampton Town School Sport federation Comps (NTSSF)
School Sport Competitions (SSP)
Catholic Tri competitions (CAT games)

Competition Entries and Results 2018/2019

Level 2 Competitions entered	Number of Participants
NTSSF Year 5/6 Tag Rugby League	10
NTSSF Year 5/6 Tag Rugby Trophy Finals	10
NTSSF Basketball League	8
SSP Year 5/6 Girls Football	9

NTSSF Year 3/4 Football League	9
NTSSF Year 3/4 Trophy Finals	9
NTSSF Year 5/6 Football League	10
NTSSF Year 5/6 Football Finals	10
NTSSF Year 3/4 Football Festival	9
SSP Cross Country	48
SSP Year 5/6 Sporthall Athletics	12
SSP Quadkids Athletics	10
SSP Year 3/4 Gymnastics	4
SSP Year 5/6 Gymnastics	4
SSP Year 3/4 Quicksticks Hockey	6
NTSSF Cricket League	10
SSP Year 5/6 Netball	9
CAT 1/2 Football	77
CAT 3/4 Football	108
CAT 5/6 Football	118
CAT 1/2 multi skills	77
CAT 3/4 Benchball	108
CAT 5/6 Benchball	118
CAT 1/2 Sitting Volleyball	77
CAT 3/4 Sitting Volleyball	108
CAT 5/6 Sitting Volleyball	118
Total number of events/comps: 26	Total number of Pupils: 1096
Level 3 (representing Northampton SSP) Competitions qualified for:	Number of Participants
County Sportshall Athletics	18
County Quadkids Athletics	10

County Quicksticks Hockey	6
Total: 3	Total number of Pupils: 34

RESULTS 2019/2019

Tag Rugby:

NTSSF League winners, Trophy finalists

Basketball:

NTSSF league representatives

Girls Football

SSP League runners up

Boys Football

NTSSF year 3/4 League Winners and Trophy Quarter Finalists

NTSSF Year 5/6 League Winners and Trophy Quarter Finalists

NTSSF Year 3/4 Football Festival Representatives

Cross Country

Year 6 Boys Northampton champion

Year 5 Boys Northampton silver medallist

Year 4 Girls 3rd/26 teams Year 4 Boys 2nd/26 Teams

Year 5 Girls 2nd/26 Teams Year 6 Boys 2nd/26 Teams

Athletics

Year 5/6 Sport hall Athletics Northampton Town Silver Medallists and 7th in the County

Year 5/6 Quadkids Athletics Northampton Town Silver Medallists

Year 5/6 Quadkids Athletics County bronze Medallists

Year 6 Girls 2nd/250 Athletes

Year 6 Boys 1st/250 athletes

Gymnastics

Year 3/4 Northampton Town 4th/ 25 school teams

Year 5/6 Northampton Town 5th/26 School Teams

Hockey

Year 3/4 Northampton Town champions

Year 3/4 County Silver medallists

Cricket

NTSSF League winners and Trophy finalists

CAT Games:

We also entered competitions ran by Thomas Becket PE department. In a tri series against St Gregory's and St Mary's Catholic primary schools. The whole school competed in tournaments in Football, Multi Skills, Volleyball and Benchball.

So, every single child in the school was able to leave the school and represent it in a school sport competition. Some as you will see, through there success went and represented the whole town in county school games competitions.

School Games Day

- As you will see through the evidence folder, pictures of our school games day, this is where the whole school takes part in sports challenges against there own classmates. Competing as a house colour team and as an individual to be crowned sports day winner. We focus on diplaying the school games values and hope this is evidenced to the parents.

Personal challenges incorporated in PE lessons

- As part of achieving the GOLD school games mark, PE lessons must incorporate Personal Challenges. This is where pupils are looking to improve on their own personal bests and give feedback to others on how to improve. This year the whole school took part in a number of personal challenges: Hockey skills, Quad kids, Athletics challenges, Fitness Challenges and Multi skill challenges.

Inter year level 1 competitions

- As mentioned in the GOLD school games mark criteria, we have to give children opportunities to take part in inter year competitions, where they are competing in teams in sports/challenges. They implement the school games values and help with officiating, leading and engaging as well. Our competitions run in line with what topic is being taught so if football is being taught, a inter year comp will be done at the end of the topic. We also have wet weather competitions such as Shuffleboard, Handball and Benchball.

Conclusion

As you can see our school has hit every Key performance indicator outlined by the education department.

Our pupils have the chance to thrive in PE. We try and give every pupil a taste of a huge range of topics, subject areas and insight into health and well being so they leave the school with a well-grounded knowledge and interest in PE and Physical activity.

A positive attitude and engagement for the future is all we try and do and as proven, we certainly give the opportunity for all pupils in our school to do this.