



**THE GOOD SHEPHERD CATHOLIC PRIMARY SCHOOL**  
The Catholic Diocese of Northampton  
*“Following Jesus, The Good Shepherd, in all we say and do”*

**Covid-19 Related Pupil Absence – A Quick Reference Guide for Parents and Carers**

What to do if...	Action needed...	Return to school when...
My child has Covid-19 symptoms	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact the school to inform us ASAP (call 01604 714399 / or via Parent Mail)</li> <li>- Self-isolate the whole household</li> <li>- Get a Covid-19 test</li> <li>- Inform the school immediately of the test result.</li> </ul>	When the test comes back negative.
My child tests positive for Covid-19	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact the school to inform us</li> <li>- Agree an earliest date for return to school (min 7 days)</li> <li>- Self-isolate the whole household</li> </ul>	They can return after 7 days if they feel better. The household should isolate for 14 days.
My child tests negative for Covid-19	<ul style="list-style-type: none"> <li>- Contact the school to inform us</li> <li>- Discuss when your child can come back to school (same/next day)</li> </ul>	Your child is well enough to return to school.
My child is ill with symptoms not linked to Covid-19 (sickness and/or diarrhoea).	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact the school to inform us</li> <li>- Contact us on each day of your child's illness</li> </ul>	After 48 following the last bout of sickness or diarrhoea as per our school policy.
My child is ill with symptoms not linked to Covid-19 (runny nose and/or sore throat).	<ul style="list-style-type: none"> <li>- Check temperature and for symptoms of Covid-19</li> <li>- If no Covid-19 symptoms and well enough, come to school</li> <li>- If not well enough, contact school each day of illness</li> </ul>	They are feeling better and are showing no symptoms of Covid-19.
Someone in my household has Covid-19 symptoms	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact school to inform us</li> <li>- Self-isolate the whole household</li> <li>- Household member to get Covid-19 test</li> <li>- Inform the school immediately of the result</li> </ul>	The test comes back negative.
Someone in my household tests positive for Covid-19	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact school to inform us</li> <li>- Agree on earliest return date (min 14 days)</li> <li>- Self-isolate the whole household</li> </ul>	14 day isolation completed.

What to do if...	Action needed...	Return to school when...
NHS Track and Trace has identified my child as a close contact of somebody with symptoms or confirmed Covid-19	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact school to inform us</li> <li>- Agree on earliest return date (min 14 days)</li> </ul>	14 day isolation completed.
We/my child has travelled and has to self-isolate as a period of quarantine	<ul style="list-style-type: none"> <li>- Do not take unauthorised leave in term time</li> <li>- Consider requirements and FCO advice when booking travel</li> <li>- Call the school to agree earliest return date (14 days)</li> <li>- Self-isolate whole household</li> </ul>	The quarantine period of 14 days has been completed.
We have received medical advice that my child must resume shielding	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Contact school to inform us</li> <li>- Shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	Restrictions have been lifted and your child can return to school.
My child's class (bubble) is closed due to a Covid-19 outbreak in school	<ul style="list-style-type: none"> <li>- Do not come to school</li> <li>- Your child will need to isolate for 14 days</li> <li>- Siblings can continue to attend</li> <li>- At home, support your child with remote education via IXL/PurpleMash</li> </ul>	School informs you that the bubble will re-open.

## NHS definition of Covid-19 symptoms:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

## Contact the school on:

- 01604 714399 (you can leave a voicemail on the school absence line)
- Via ParentMail
- [admin@thegoodshepherd.northants.sch.uk](mailto:admin@thegoodshepherd.northants.sch.uk)



**Our Lady Immaculate Catholic Academies Trust Ltd**

A private limited company with charitable status registered in England & Wales

**Registered Office:** Our Lady Immaculate Catholic Academies Trust, c/o St Thomas More Catholic Secondary School, Tyne Crescent, Bedford, MK41 7UL **Company Number:** [09436283](https://www Companies House UK)