



THE GOOD SHEPHERD CATHOLIC PRIMARY SCHOOL
The Catholic Diocese of Northampton
"Following Jesus, The Good Shepherd, in all we say and do"

Monday, 23 November 2020

Dear Parents/Carers,

With the number of recorded cases of COVID-19 rising in Northamptonshire, we really want to ensure that we are all following the COVID-19 procedure of 'Hand. Face. Space.' for our children, staff and you, our parents/carers. Bearing this in mind we ask that you read the following information helping everyone to understand what is required to keep us all safe in this pandemic.

As we prepare to return our children to school, we would ask that you follow the steps below:

Lockdown Procedures:

1. If you have any symptoms that might indicate that you have COVID-19 please advise us and do not bring your children into the school until you have either self-isolated for 2 weeks with no further symptoms or you have negative test results.
2. The main symptoms of coronavirus (COVID-19) are:
 - a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
 - a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
 - a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
 - For further information, visit - <https://www.nhs.uk/conditions/coronavirus-covid-19>



Coronavirus (COVID-19) - NHS

Get a test to check if you have coronavirus, understand your test result and find out what to do if you're contacted by NHS Test and Trace. Advice for people at higher risk from coronavirus, including older people, people with health conditions and pregnant women. Advice about avoiding close contact ...
www.nhs.uk

2. All test results will need to be seen, we are not allowed to accept your word due to the severity of the pandemic.



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3. We would ask you to follow the one household rule and avoid car sharing.
4. If you interact and do not socially distance with someone outside of your immediate household and a member of that household has symptoms or tests positive for COVID-19, you must not bring your children into the school until you have self-isolated for 2 weeks and followed government guidelines.
5. You **are required** to wear a face mask when bringing and collecting your children to and from school.
6. Please keep to the 2 metre social distancing rules.

Self-isolating:

The rules for self-isolating are mentioned everywhere – radio, TV, papers, government briefings and school emails. There should be no reason for anyone not to know these; they were also included within our COVID reminder emails/texts sent to all parents.

Just to reiterate - if you receive a notification from the Track & Trace app, the Track & Trace Team or have been in contact with a positive COVID case within your family, it is your duty to self-isolate.

This means that you should:

- Stay at home
- Do not go to work, school or any public places
- Do not go on public transport or use taxis
- Do not have any visitors in your home including friends and family
- Do not go out to exercise – exercise at home or in your garden, if you have one.

It is important that we all follow these rules to stop the spread of the virus. Further information can be found on:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Lockdown rules:

Children in school are openly discussing gatherings at home and sleepovers with friends. We will contact these parents directly but please, again, follow the current lockdown rules, which can be found on:

<https://www.gov.uk/guidance/new-national-restrictions-from-5-november>

Please follow the guidance from the Government and Public Health England and stick to the rules so that we can keep everyone, including yourselves, safe.

Thank you for your continued cooperation and understanding.

Yours sincerely,

Mrs C Dodds

Head Teacher



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