To Access all activities Mr Pearce and Mr Flanagan is wanting you to try:

* Go to: ***The Good Shepherd School website***
* *Click:*  ***MENU***
* *Click:* ***Learning with us***
* *Scroll down to yellow bars* *and click*: ***Home Learning- Covid-19***
* *Scroll right to bottom of page to Yellow Bars- Click:* ***Stay Active with Mr Pearce***

**All material for lessons/activities below will be accessible here.**

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**Starter activity: BBC Super Movers**

**Click on Getting More Active document scroll to the bottom and click BBC Super Movers link.**

* **Click KS2**
* **Decide a topic area e.g English , Maths, PSHE or just for Fun**
* **Have a go at the video you select!**

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**PE lesson Part 1: Basketball:**

**Click on Mr Flanagans Ball Handling Basketball Video- Have a go and try the activities**

**Click on Shooting in Basketball Video- Have a go and try the activities**

**PE Lesson Part 2: Gymnastics:**

**Click on KS2 HIIT video- Pick your 5 activities and take part in your own Gym HIIT workout to start.**

**Click on KS2 Bananarama Video- Have a go at the new gym moves!**

**Click on KS2 Personal Challenge- Challenge yourself, record your score and let us know how you did!**

**FUN around the House activity:**

**Click on Superhero FUN Home Activities:**

***Play: Superman’s Obstacle Course- set it up around your house and send us some pictures of you in action!***

**Outdoor Adventure Activity to finish: Scavenger Hunt**

**Click on Scavenger Hunt Ideas.**

**Pick 10 items to find, go and find them!**

 **If isolating, find 10 things, get your parent to hide 10 items that you have to go and find.**