

2025/2026 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT, EXPENDITURE & SUSTAINABILITY

All children and young people should live healthy active lives. The [UK Chief Medical Officers recommend](#) that all children and young people should take part in moderate to vigorous intensity physical activity for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day.

It is important that schools are supporting children and young people to achieve this aim. This is particularly true of primary schools where the foundations of positive and enjoyable participation in regular physical activity are embedded.

The Department for Education (DfE) wants all children to have equal access to high-quality PE provision and opportunities to experience and participate in a wide range of sports and physical activities. Schools should aim to provide high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extracurricular sport and competitive opportunities. By providing this it can help improve children's health and wellbeing, personal development as well as academic attainment.

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the above aims. This funding must not be used for core-type school activities. Schools should use it to:

- make additional and sustainable improvements to the PE, sport and physical activity they provide
- provide or improve equal access to sport for boys and girls
- ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed

SCHOOL

The Good Shepherd Catholic Primary School

HEAD TEACHER

Mrs Carmel Dodds

PE COORDINATOR

Mrs Natasha Maddison

PE & Sport Premium: Government intent

The purpose of the PE and sport premium grant is for schools to make additional and sustainable improvements to the provision of PE and sport for the benefit of all primary-aged pupils to encourage the development of healthy, active lifestyles.

This means schools **must** use the PE and sport premium to:

- build capacity and capability within the school and ensure that improvements to the quality of PE, sport and physical activity provision made now are sustainable and will benefit pupils joining the school in future years; and
- develop or add to the PE, sport and physical activity that the school provides

PE & Sport Premium: School intent

At The Good Shepherd Catholic Primary school, we believe that physical education and sport play a vital role in the development of the whole child. Our intent is to inspire all pupils to lead active, healthy, and confident lives, equipping them with the knowledge, skills, and positive attitudes that will support lifelong participation in physical activity and wellbeing.

Through high-quality PE lessons, extra-curricular opportunities, and active learning across the curriculum, we aim to ensure that every child experiences success and enjoyment in sport. We are committed to using the PE and Sport Premium funding to improve the quality and breadth of our provision, enabling all pupils—including those with additional needs—to access a wide range of physical activities and competitive experiences.

Our curriculum is designed to develop fundamental movement skills, teamwork, resilience, and fair play, while fostering respect and a sense of belonging. We place strong emphasis on physical fitness, personal challenge, and the understanding of how physical activity contributes to mental health and overall wellbeing.

We also work to develop staff confidence and expertise in delivering high-quality PE, ensuring sustainability and long-term impact. By embedding physical activity into the daily life of the school, we aim to create a culture where children value health, enjoy being active, and are motivated to pursue physical activity and sport beyond their primary years.

Effective use of the funding

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the funding intent (stated above). This funding must not be used for core-type school activities.

Schools should use it to:

- make additional and sustainable improvements to the PE, sport and physical activity they provide
- provide or improve equal access to sport for boys and girls
- ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed

It is important that schools make the most effective use of the premium. To best achieve this, spending should focus on making improvements in 5 key areas, to assist in:

- increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities
- increasing engagement of all pupils in regular physical activity and sporting activities
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increasing participation in competitive sport

Evidencing the impact: Review of PE & Sport Premium expenditure 2024/2025

Outcome/Action	Key achievements & Impact	What could have worked better?	How will these achievements be sustained or further developed in 2025/2026?
<p>1. Increase confidence and skills of staff in teaching PE and Sport</p>	<p>Key ACHIEVEMENTS</p> <p>Clear PE planning and assessment resources aligned with the national curriculum.</p> <p>Conducted staff confidence audits to identify needs and track progress.</p> <p>Most staff deliver PE lessons with increased confidence, structure, and creativity.</p> <p>There is greater consistency and quality in PE teaching across year groups.</p> <p>Pupils benefit from more engaging, inclusive, and progressive PE lessons.</p> <p>Pupil voice indicate improved enjoyment and engagement in PE lessons.</p> <p>Pupils report a better understanding of skills being taught.</p> <p>Assessment records show teachers are confidently tracking pupil progress in PE.</p>	<ul style="list-style-type: none"> • Greater use of the CPD opportunities on the REAL PE platform • It's great that most staff now feel confident to enjoy delivering high quality Physical Education but we need this to apply to all staff. 	<p>A robust CPD program resulting in staff confidence continuing to rise, where staff feel confident in teaching all areas of the curriculum.</p> <p>Additional impact because of increased CPD program to see the quality of Physical Education increase is all lessons being delivered to be high quality.</p> <p>Pupil voice data rising to reflect further positive pupils feeling that PE</p> <p>As a result of a clear focus on teacher CPD and a new curriculum implemented, pupil attainment data to continue to rise</p>

<p>2. Increasing engagement of all pupils in regular physical activity</p>	<p>Key ACHIEVEMENTS Embedded a whole-school culture that values and prioritises physical activity for health, wellbeing, and learning.</p> <p>Pupil voice - pupils report feeling more confident trying new sports and activities.</p> <p>Visual evidence from events, daily activities, and competitions highlights inclusive participation and a broad offer. Displays around school and social media posts promote physical activity and celebrate involvement.</p> <p>Additional opportunities for all pupils to engage in physical activity at lunchtime and by monitoring how active pupils are outside of schools. Most pupils achieve an average of 60 minutes a day 7 days a week.</p>	<ul style="list-style-type: none"> • Not all pupils are active for 60 minutes a day 7 days a week. • There are still a small percentage of our pupils that are not active for 60 minutes a day, 7 days a week based on date captured linked to in and outside of school physical activity. 	<p>We will strengthen partnerships with local sports clubs and community organisations to widen access to new activities and competitive experiences. Monitoring and tracking of pupil activity levels, both in and out of school, will remain a focus to help identify and support less active pupils. Our communication channels—including displays and social media—will continue to celebrate success and promote active lifestyles.</p>
<p>3. Raising the profile of PE and sport across the school, to support whole school improvement</p>	<p>Key ACHIEVEMENTS Partnered with the <i>Pools to Schools</i> programme to install a temporary swimming pool on site, ensuring that all pupils had access to high-quality swimming instruction without the need for off-site transport.</p> <p>Provided every child in the school the opportunity to learn water safety and basic swimming skills, regardless of background, ability, or previous experience.</p>	<ul style="list-style-type: none"> • Development of playtime buddies across the school • Not all pupils are active for 60 minutes a day 7 days a week. • There are still a small minority of our pupils that are not active for 60 minutes a day, 7 days a week based on date captured linked to in and outside of school physical activity 	<p>In 2025/2026, the raised profile of PE and sport will be sustained and developed through a whole-school approach that continues to integrate physical activity into daily school life and broader educational priorities. Key strategies will include:</p> <ul style="list-style-type: none"> • Continue to support development of play buddies in helping to support younger pupils. • Sustained Partnerships: Strong links with local sports clubs, School Games organisers, and external coaches will be

<p>Promoted swimming as part of the PE curriculum and reinforced its importance for health, safety, and confidence.</p> <p>Integrated the swimming initiative into whole-school themes such as personal development, resilience, and goal-setting.</p> <p>Celebrated the initiative widely through assemblies, parent newsletters, social media, and school displays—highlighting pupil progress, participation, and achievements.</p> <p>Registers showing pupil involvement across year groups, including pupils who would not usually access swimming due to cost, distance, or confidence barriers.</p> <p>Records of pupil progress toward national curriculum swimming and water safety outcomes, showing clear development in skills and confidence.</p> <p>PE assessment data evidencing skill development in swimming</p> <p>Parent surveys, emails, or verbal feedback indicating strong support for the initiative and recognition of its impact on their child’s safety, wellbeing, and enthusiasm for sport.</p> <p>By celebrating all things PE we are encouraging more pupils to enjoy movement and physical activity.</p>		<p>maintained to provide access to wider opportunities and competition.</p>
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	<p>100% of pupils will be developed in their physical, cognitive, social and emotional learning, therefore improving attainment data in PE and across the school.</p> <p>Pupils are inspired to be more active, therefore supporting the target for all pupils to be active on average 60 minutes a day, 7 days a week.</p>		
<p>4. Offer a broader and more equal experience of a range of sports and physical activities to all pupils</p>	<p>Key ACHIEVEMENTS Expanded the PE curriculum to include a broader range of sports and physical activities, such as OAA and Dance.</p> <p>Provided opportunities for an ever-increasing number of pupils to represent the school or participate in competition through inclusive festivals, sports days and multi-sport events. Monitoring of club registers.</p> <p>PE curriculum and extracurricular timetables showing a broad and balanced programme, including enrichment opportunities e.g. girls' rugby and cricket coaching from external coaches</p> <p>Continuing to offer a wider range of activities both within and outside the curriculum in order to get more pupils involved: Extra-curricular – Dodgeball, Dance, Football and Multi Skills.</p>	<ul style="list-style-type: none"> • More playtime leaders, offering further equipment for a wider variety of games and activities. • Higher attendance at extra-curricular clubs at school. 	<p>In 2025/2026, the school will continue to expand and embed a broad and inclusive PE and sport offer to ensure all pupils experience a diverse range of physical activities. Planned actions include:</p> <ul style="list-style-type: none"> • To monitor and improve PP camp provision. • After-School and Lunchtime Clubs: A diverse programme of extracurricular clubs will be maintained and extended, ensuring access for all pupils, including those less likely to engage in traditional team sports. • Enrichment Days and Taster Sessions: Special PE days and taster events will introduce pupils to new and emerging sports, raising enthusiasm and encouraging lifelong interest in physical activity. • Use of External Coaches and Community Links: The school will maintain strong links with external providers to bring specialist skills and new activities to pupils, expanding their sporting experiences beyond what can be offered in-house.

<p>5. Increased participation in competitive sport</p>	<p>Key ACHIEVEMENTS</p> <p>Expanded opportunities for pupils to take part in inter-school competitions through local School Games events, across a wider range of sports.</p> <p>Increased the number of pupils representing the school in sport, including pupils who previously lacked the confidence or opportunity.</p> <p>There is a stronger sense of school identity and pride when representing the school in competitions.</p> <p>Documented evidence of increased numbers of pupils representing the school in inter-school and intra-school competitions.</p> <p>Photos, certificates, and displays around the school celebrating participation and achievement in competitions.</p> <p>School newsletter features or online posts recognising team and individual contributions.</p> <p>Awarded the Platinum School Games Mark for 2024-2025.</p>	<ul style="list-style-type: none"> • Further participation with Northamptonshire Sport. • A bigger drive to ensure all pupils have this opportunity. 	<p>In 2025/2026, increased participation in competitive sport will be sustained and developed through a structured and inclusive approach that ensures all pupils have access to meaningful competition. Key strategies include:</p> <ul style="list-style-type: none"> • Continued Engagement with Local Competitions: The school will maintain active involvement in School Games events, and inter-school tournaments across a range of sports for different age groups with the continuation of Northamptonshire Sport membership. • Apply for School Games Mark 2025-2026 via Northamptonshire Sport website. • Celebration of Participation and Achievement: Success and effort in competition will be celebrated through assemblies, newsletters, and awards, motivating pupils to engage and take pride in their involvement.
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Swimming: meeting the national curriculum requirements for swimming & water safety

Swimming and water safety are national curriculum requirements and essential life skills. The national curriculum requirement is that by the end of key stage 2, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.

- perform a safe self-rescue in different water-based situations.

You can use the PE and Sport Premium to fund the professional development and training that is available to schools to train staff to support high-quality swimming and water safety lessons for their pupils.

You can use your funding for:

- professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water.

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Swimming data for 2025/2026 will be reported on the DFE Digital funding tool (Deadline 31st July 2026)

Outcome	% of pupils achieving outcome				
	2021/2022	2022/2023	2023/2024	2024/2025	2025/2026
Swim competently, confidently and proficiently over a distance of at least 25 metres	68.4	74.3	22.0	47.8	
Use a range of strokes effectively; front crawl, backstroke and breaststroke	68.4	74.3	22.0	47.8	
Perform safe self-rescue in different water-based situations	68.4	74.3	22.0	73.9	
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used any funding for this purpose?	-	Yes	-	No	

Funding – To be reported on the DFE Digital funding tool (Deadline 31st July 2026)

2025/2026 funding	£18,300	Expenditure	£18,300	Balance	£0	Underspend	£0	
Term	Expenditure	Budget remaining	Term	Expenditure	Budget remaining	Term	Expenditure	Budget remaining
Autumn Term								
Spring Term								
Summer Term								
Total								

PE & Sport Premium Funding | Development Plan

It is important that schools make the most effective use of the premium. To best achieve this, spending should focus on making improvements in 5 key areas, to assist in:

Key outcome 1 | increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities

Key outcome 2 | increasing engagement of all pupils in regular physical activity and sporting activities

Key outcome 3 | raising the profile of PE and sport across the school, to support whole school improvement

Key outcome 4 | offer a broader and more equal experience of a range of sports and physical activities to all pupils

Key outcome 5 | increasing participation in competitive sport

Intent		Implementation			Impact		
Objective/ intended impact What do you want to achieve?	Planned cost Key outcome What key outcome does the objective link to?	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned cost	Actual cost	Expected impact? <i>What do you expect to achieve?</i>	Actual impact? <i>What have you achieved? What difference has it made?</i>	What evidence do you? How can you evidence you have achieved this?
Key outcome 1 Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities	REAL PE Membership: £834	Renew membership in May 2026.	£834	£	Real PE Membership to continue to support teacher confidence in the effective delivery of PE lessons. Quality of teaching and learning in Physical Education will be developed through bespoke staff CPD for all class teachers. Support for PE leader included. Ensure Complete PE annual membership is paid to ensure		
	PE Lead – attend the PE and Sport Conference	Focus on teacher training ensuring all teachers are confident to enjoy teaching High Quality Physical Education.	£185	£			

					<p>teachers can access high quality planning and supporting resources.</p> <p>PE resources updated to enable high quality teaching to take place.</p>		
<p>Key outcome 2 Increasing engagement of all pupils in regular physical activity and sporting activities</p>	<p>Playtime equipment order £500</p>	<p>Increase the number and range of activities and clubs on offer (Pupil Led Games, dodgeball, games, dance. Parent and child fitness club.) Implementation of new extra-curricular timetable. Develop provision for physical activity at lunchtime by; Increasing the amount of playground resources to provide playground activity facilitated by lunchtime supervisors and year 6 playleaders. Equipment and resources to be purchased for</p>	<p>£500</p>	<p>£500</p>	<p>Playtime equipment is a powerful tool in supporting multiple facets of child development. Investing in safe and inclusive play equipment to foster holistic growth and well-being.</p> <p>By providing in school opportunities for pupils to access multiple opportunities to be physically active and monitor external physical activity to drive physical activity levels with key focus groups. Ensuring all pupils will be active on average 60 minutes a day, 7 days a week.</p>		

		facilitation of activity with playleaders and independent active play.					
Key outcome 3 raising the profile of PE and sport across the school, to support whole school improvement	'Pool to School' from Elite Swimming. £10,025	Work closely with 'Pool to School' from Elite Swimming.	£10,025	£10,025	This will allow all children from Year 1 to Year 6 to have swimming lessons in school. The pool will be based on our school playground for 5 weeks to raise swimming standards. There will be a trained swimming instructor and a lifeguard at all times. This will allow for whole school impact in swimming.		
	Changing rooms	£750	£750	£750			
Key outcome 4 offer a broader and more equal experience of a range of sports and physical activities to all pupils	Reward Days	Links with Benham Sports Centre.	£0	£0	Strengthen school spirit, encourage a healthier lifestyle and build a positive school culture. Students experience the excitement of competition, celebrate achievement and learn social skills within the community.		
	Bikeability	Ensure opportunities for pupils to access inter competitions against other schools. Competition formats to reflect needs of pupils. See school games offer.	£0	£0 Government funded initiative			

					Bikeability cycle training equips children with vital life skills. Pupils not only learn to cycle, they gain independence, social skills and a sense of wellbeing.		
Key outcome 5 increasing participation in competitive sport	Northamptonshire Sport Membership £480	Work closely with Alex (Strategic Lead – Northampton School Sport Partnership). Ensure all pupils can access competition in school through regular intra school competition. Work closely with Rhino Sports Academy	£480	£480	Positively influencing children’s physical, social, emotional and academic development. Development pathway. Enhance mental resilience, teach how to cope with success and failure and build confidence. To promote social connections, creating a sense of community and belonging.		
	Rhino coach x1 PM £1,560	£1,560	£	£			
	Rhino coach lunchtime provision	£3,900	£	£			
	Travel to attend events	£1,000	Autumn: £193.46 Spring:	Autumn - £193.46 Spring -			

			£400				
			Summer: £400	Summer - £			

Accountability & reporting

It is highly recommended that schools use their development plan to track expenditure, delivery and impact of opportunities, and that the document is updated every half term to ensure that accurate information is collated and can be easily recalled when the digital tool opens for submission.

Schools are accountable for how they use the PE and sport premium funding allocated to them. The school's senior leadership team should make sure that the funding is spent for the purpose it has been provided: to make additional and sustainable improvements to the PE, sport and physical activity offered.

As part of their role, governors and academy trustees should monitor how the funding is being spent and determine how it fits into school improvement plans and assess the impact it is having on pupils. To assist with this, in conjunction with the National Governance Association (NGA) and the Local Government Association (LGA) we have devised a [monitoring tool](#) that can be used for this purpose.

Schools, local authorities and academy proprietors must follow the terms set out in the conditions of grant document. If a school, local authority or academy proprietor fails to comply with these terms, the Secretary of State may require the school to repay all or any part of the premium paid.

Digital reporting tool | From July 2025, all schools must complete the digital reporting form. The digital form outlines how the school has used its PE and sport premium and the impact it has had on achieving the aims and objectives of the funding.

The digital form contains a series of questions and free text boxes. Schools can enter details on how the PE and sport premium has been used to make improvements in the 5 key areas highlighted in this guidance. It can also be used to generate the necessary online report. As well as a series of questions and free text boxes, schools will also be required to report on the following information:

- figures on the overall spend
- what the funding has been spent on
- whether there is any unspent funding
- swimming and water safety attainment

Digital tool will go live in June 2025 and will remain open until 31st July 2026.

Online reporting | As part of the conditions of grant, by 31 July 2026, a school must publish on its website a report detailing how it has spent its PE and sport premium funding allocation. I school may choose to download a copy of its digital form return and use this as its published report.

Development Plan updates

Document completed by:	Mrs Natasha Maddison				Date:	4.11.25		
Document updated (date)	24.3.21	5.6.23	15.4.23	19.7.24	19.4.24	23.11.24	31.7.25	4.11.25