

The Good Shepherd Catholic Primary School

Kingsland Gardens, Kingsthorpe, Northampton, Northamptonshire, NN2 7BH



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Monday, 15th December 2025

Seasonal bugs and Viral Illnesses

Dear Parents/Carers,

I am writing to inform you of a matter relating to the recent change in weather and its impact within our school community.

As is common at this time of year, the natural change in weather has led to an increase in seasonal bugs and viral illnesses among children. Please be assured that the school is taking extra precautions to safeguard the health and wellbeing of all pupils and staff.

We are reinforcing regular and thorough handwashing throughout the school day, ensuring hand sanitiser is readily available in classrooms and shared areas, and maintaining high standards of cleaning and hygiene across the school. Staff continue to remind children of good personal hygiene practices as part of our daily routines.

We kindly ask for your continued support in this matter. If your child is unwell or displaying symptoms of illness, we respectfully request that they remain at home until they are fully recovered.

Thank you for your understanding, cooperation, and ongoing support. Please be assured of our continued commitment to providing a safe and caring environment, guided by our shared values of care, responsibility, and respect for one another.

Kind Regards

Mrs C Dodds

Headteacher