

Safeguarding children and young people online

Parent and carer session

1 hour to keep your children safe

This one-hour interactive session run by the local authority and a safeguarding expert will help parents and carers keep children and young people safe online.

Why will it be useful?

We will explore where children and young people are going online, from gaming to social media. **Do parental controls work, or do they put children and young people at more risk online?**

We delve into mental health, resilience, how can we support children moving from primary to secondary, healthy relationships online and offline. The session is built around helping children manage online risk, not blocking or taking devices off children and young people.

To find out more before or after the session

For more information and to get a better idea of what we will be discussing check out [Simon Aston – Online Safety on YouTube](#). Or check out Northants Now (coming together for our county's children) and listen via your podcast app.

Want to know more? Give us a follow-on Instagram and Twitter – NCCcybersafe



In partnership with



North
Northamptonshire
Council



West
Northamptonshire
Council

Simon Aston will be running the session with over 15 years of experience working with children and young people