

The Good Shepherd Catholic Primary School


Kingsland Gardens, Kingsthorpe, Northampton, Northamptonshire, NN2 7BH



HEAD TEACHER Mrs Carmel Dodds **INTERIM DEPUTY HEAD TEACHER** Mrs Natasha Maddison

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WEBSITE www.thegoodshepherdprimaryschool.org.uk

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8th June 2026

Everdon Outdoor Learning Centre

Dear Parent/Carer,

We are delighted to let you know that our Year 4 trip to **Everdon Outdoor Learning Centre** for our river study will take place on **Thursday 18th June**.

We will leave school at **9:15am**, so children should arrive at the usual time of **8:45am**. We will depart from Everdon Outdoor Learning Centre at **2:00pm** and expect to return to school at approximately **2:45pm**, allowing children to be collected at the usual end of the school day.

We will be travelling by coach, and the journey will take approximately 40 minutes. If your child requires travel sickness medication, please ensure that it is administered before school as appropriate. Any medication needed for the return journey should be given to me in a sealed, clearly labelled envelope, together with clear instructions for administration.

Packed Lunch

Children will need to bring a packed lunch and a refillable water bottle. Please do not include fizzy drinks or sweets. If your child is entitled to free school meals, a basic packed lunch will be provided, although you are welcome to send additional items if you wish.

Clothing

As we will be working outdoors throughout the day, children should wear clothing suitable for the weather. Following our Forest School guidelines, children should wear **long trousers and a long-sleeved top** to help protect against nettle stings and insect bites. If rain is forecast, a waterproof coat will also be needed.

Children should wear **wellington boots or sturdy footwear with good grip**, as they are likely to get wet and muddy. Please also provide a complete change of clothes in a bag so that children can change before the coach journey home. A plastic bag for wet or muddy clothing would also be very helpful.

Hygiene and Safety

The area we will be exploring is part of a local farm. Although livestock will not be present during our visit, maintaining good hygiene is extremely important. Children will use antibacterial hand gel and wash their hands regularly throughout the day. Please ensure that your child washes their hands thoroughly again when they return home.



Website

www.olicatschools.org

Strategic Executive Lead

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This is an important precaution against waterborne illnesses such as **Leptospirosis (Weil's disease)**. If your child develops flu-like symptoms within two weeks of the visit, please inform your doctor that they have recently been in contact with stream or river water.

Thank you for your continued support. We are looking forward to an exciting and enjoyable day of learning outdoors.

Yours sincerely,

Mrs Hover

Quick Reminder: What to Bring

- ✓ A packed lunch (unless receiving a school-provided packed lunch)
 - ✓ A refillable water bottle
 - ✓ Long trousers and a long-sleeved top
- ✓ Wellington boots or sturdy footwear that can get wet and muddy
 - ✓ A waterproof coat (if rain is forecast)
 - ✓ A complete change of clothes
 - ✓ A plastic bag for wet or muddy clothing
- ✓ Any required travel sickness medication (following the instructions above)

Are there any medical issues we should be aware of concerning your child?
