

PE Curriculum
REAL PE: Fundamental Movement Skills

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
EYFS Theme	Bike/Pirates	Space/Jungle	Train/Circus Tightrope	Circus: Clowns/Seaside	Circus: Jugglers/Fairy Tale	Squirrel/Cat
EYFS	Coordination: Foot Work Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
Year 1	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 1	Coordination: Foot Work Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
Year 2	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 2	Coordination: Foot Work Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work

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Year 3	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
	Coordination: Foot Work Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic balance: On a Line Coordination: Ball Skills	Coordination: Sending and receiving Counter Balance: With a Partner	Agility: Reaction/Response Static Balance: Floor Work	Agility: Ball Chasing Static Balance: Stance
Year 4	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
	Coordination: Foot Work Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic balance: On a Line Coordination: Ball Skills	Coordination: Sending and receiving Counter Balance: With a Partner	Agility: Reaction/Response Static Balance: Floor Work	Agility: Ball Chasing Static Balance: Stance
Year 5/6	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
	Coordination: Ball Skills Agility: Reaction/Response	Dynamic balance: On a Line Counter Balance: With a Partner	Static Balance: Stance Coordination: Footwork	Static Balance: Seated Static Balance: Floor Work	Dynamic Balance to Agility: Jumping and Landing Static Balance: One Leg	Coordination: Sending and receiving Agility: Ball Chasing
Game Information	Throw Tennis Endball	Seated Volleyball Handball	River Crossing Kabadi	Jumpball Jump/Roll/Balance	Beanbag Raid Dodgeball	Throft Scatterball