



## The Good Shepherd

### West Northants Clubs, Activities and Holiday Scheme Local Offer

Youth clubs for young people with special educational needs	
Activity	Contact details
<p>Action for Children These clubs are commissioned by the council as part of the Short Breaks offer for children and young people with special educational needs.</p>	<p>01604 752553 or email <a href="mailto:northants.disability@actionforchildren.org.uk">northants.disability@actionforchildren.org.uk</a></p>
<p>Autism East Midlands run a Family Support Hub for children aged 11 and under to attend with their families. This is on the first Monday of each month from 4pm to 7pm. No booking is required and the whole family can attend. Venue: Kingsthorpe Baptist Church, High Street, Kingsthorpe, Northampton</p>	<p>Email: <a href="mailto:northampton@autismeastmidlands.org.uk">northampton@autismeastmidlands.org.uk</a></p>
<p>Deafconnect- for young people with a hearing impairment, run 2 youth groups twice a month at Spencer Dallington Community Centre- one junior club and one senior club. If the young person feels more comfortable at the junior or senior club, the age ranges are flexible. Venue: Spencer Dallington Community Centre, Tintern Avenue, Northampton, NN5 7BZ</p>	<p>Email <a href="mailto:jennie.higson@deafconnect.org.uk">jennie.higson@deafconnect.org.uk</a> to let her know you are coming.</p>
<p>Sport4Fitness provide activities at their site in Fernie Fields including a biweekly youth club on Sundays from 2:30pm to 3:30pm for 11 to 18 year olds at £5 per person.</p> <p>They have a gardening club for the whole family on Wednesdays from 4pm to 7pm and Fridays from 11:15am to 12:15pm at £2.50 for one child, £5 for 2 or more children and all adults free. They have a gardening club for the whole family on Wednesdays from 4pm to 7pm and Fridays from 11:15am to 12:15pm at £2.50 for one child, £5 for 2 or more children and all adults free.</p> <p>Y Not Arts- Dance and drama (Northamptonshire Music and Performing Arts)</p>	<p>Find out more on the Sport4Fitness website.</p> <p>For more details, email <a href="mailto:ynot@nmpat.co.uk">ynot@nmpat.co.uk</a>.</p>

<p>This club is at Northampton School for Girls, Spinney Hill Road, Northampton in term-time. This is a fun and relaxed environment for the students (and staff) to take part in dance and drama. There is an end of year performance. For 9 to 25 year olds. Times: Saturdays from 9:15am to 10:45am and 11am to 12:30pm.</p>	
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Holiday clubs for young people with special educational needs	
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Activity	Contact details
<p>Action for Children These holiday clubs have been commissioned by the council as part of the Short Breaks offer for children and young people with special educational needs</p>	<p>For all Action For Children enquiries, please call 01604 752553 or email <a href="mailto:northants.disability@actionforchildren.org.uk">northants.disability@actionforchildren.org.uk</a>.</p>
<p>Northamptonshire Association for the Blind (NAB) NAB arrange activities for visually impaired children, young people and their families- siblings, parents and carers are all welcome. A great opportunity to make new friends, have some fun and meet other families living with visual impairments.</p>	<p>To book a place, or for more information, contact Hugh on 01604 719193 or email <a href="mailto:hugh@nab.org.uk">hugh@nab.org.uk</a>.</p>
<p>Northampton Town FC Community Football sessions are arranged during school holidays including 'pan disability' sessions. These are held at a number of venues across Northamptonshire, offering fun, interactive coaching sessions for children aged 6 to 18.</p>	<p>Book a football session</p>
<p>Oundle Mencap holidays Oundle Mencap provides residential holidays for children and young people with learning disabilities.</p>	<p>If you would like more information, email <a href="mailto:info@oundlemencap.co.uk">info@oundlemencap.co.uk</a>.</p>
<p>Rushden Splash- inclusive swimming Held on Tuesday mornings every school holiday. Venue: Rushden Splash, Station Road, Rushden, Northamptonshire NN10 9SJ</p>	<p>Telephone: 01933 410505</p>
<p>Sport4Fitness Sport4Fitness provide activities at their site in Fernie Fields and summer holiday activities.</p>	<p>Book activities through the Jumblebee website.</p>

Groups, Clubs and Activites for young people with special educational needs
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Activity	Contact details
<p>1st Grafton Scouts pride themselves on their inclusivity and they do their best to make sure all members can take part. They support all young people and young adults with SEND including Autism, ADHD, PDA, SPD and disabilities.</p> <p>There's a lot of flexibility within the Scouts programme to meet individual needs, whether that be a disability, neurodiversity, or an educational, mental health or medical need.</p> <p>The group is for ages from 4yrs to 25yrs</p>	<p>How to contact this service  <a href="https://1stgrafton.org.uk/">https://1stgrafton.org.uk/</a></p> <p>Sarah Watton  07980 460355</p>
<p>Abington Community Library is a friendly, welcoming hub which has been at the heart of the community for the past 80 years. Its volunteers provide a wealth of adult and children's books, resources, and events- as well as advice and information for all.</p> <p>Parking: One disabled parking space. On-street parking available.</p> <p>Disabled Access: This library is wheelchair accessible.</p>	<p><a href="https://abingtonlibrarycbs.net/">https://abingtonlibrarycbs.net/</a></p> <p>07592 513792</p>
<p>Action for Children's non-residential short breaks give children and young people with SEND an opportunity to relax, have fun, socialise, and make new friends. Youngsters will also have the chance to learn new things, try new activities, and build their confidence and independence. Parents can be assured that children are taking part in positive and enjoyable activities to grow and develop.</p> <p>Northampton School Holiday Club</p> <p>Fernie Fields Sports Ground, Moulton, Northampton, Northamptonshire NN3 7BD.</p>	<p><a href="https://www.actionforchildren.org.uk/in-your-area/services/disability/northants-short-breaks-service/">https://www.actionforchildren.org.uk/in-your-area/services/disability/northants-short-breaks-service/</a></p>
<p>Animal Focused provides canine-assisted education, interventions, and therapy for children and adults. Clients may have special educational needs or disabilities (SEND) or mental health needs. It's run by a qualified teacher and animal behaviourist. Animal Focused works with individuals and small groups. Sessions can occur in schools, NHS settings, care settings, or clients' homes. It uses an assessed and insured therapy dog. Animal Focused works with the client and their parents, carers, and support teams.</p>	<p><a href="https://www.animalfocused.co.uk/">https://www.animalfocused.co.uk/</a></p>

<p>Bag Books is a UK registered charity supporting people with learning disabilities through the provision of multi-sensory books and storytelling. Founded in 1993, Bag Books is the only charity in the world publishing multi-sensory books for people with severe or profound and multiple learning disabilities. Bag Books are aimed at those who cannot benefit from mainstream books.</p>	<p><a href="http://www.bagbooks.org/">http://www.bagbooks.org/</a></p>
<p>Born to Perform is an inclusive and accessible dance school for children and adults with SEN and disabilities in Northamptonshire. It offers high-quality performing arts sessions that are taught by qualified teachers with extensive special needs experience.</p>	<p><a href="https://borntoperformdanceschool.co.uk/">https://borntoperformdanceschool.co.uk/</a>  <a href="mailto:mail@borntoperformdanceschool.co.uk">mail@borntoperformdanceschool.co.uk</a>  01604 372629</p>
<p>Flip Out is an adventure park filled with trampolines and inflatables designed for the whole family. With an inflatable maze, wipe-out balls, and a host of trampolining fun on offer, this exciting park is proving a big hit.</p> <p>Flip Out's SEN session takes place every Sunday (10-11am), including outside of term-times.</p>	<p><a href="https://www.flipout.co.uk/detail/flip-out-rushden-lakes/sen-sessions">https://www.flipout.co.uk/detail/flip-out-rushden-lakes/sen-sessions</a></p>
<p>Girlguiding is the operating name of The Guide Association. Guides take on adventurous activities, such as climbing, canoeing, sailing, and orienteering. They also have the opportunity to get involved in camps and international events, including girl-only festivals and overseas development projects. Girls are organised into the following sections by age:  Rainbows- For girls aged 4-7 years  Brownies- For girls aged 7-10 years  Guides- For girls aged 10-14 years</p>	<p><a href="https://www.girlguidingnorthamptonshire.org.uk/">https://www.girlguidingnorthamptonshire.org.uk/</a></p>
<p>Mishmash is an inclusive messy church session for families who have a child or children with special needs. It is a safe environment where the whole family can relax together and have fun.</p> <p>Each session begins with themed craft activities and food craft and families can use the sensory area or play with toys and games. This is followed by a short act of interactive worship and then a buffet meal together.</p>	<p><a href="https://ctk.org.uk/Groups/310687/MishMash.aspx">https://ctk.org.uk/Groups/310687/MishMash.aspx</a>  <a href="mailto:office@ctk.org.uk">office@ctk.org.uk</a>  01536 412011</p>
<p>A scouting offer specifically to help with this extra support is held in the Northampton District. The SEND Scout 57th Group is held at the MENCAP Northampton Building, Ransome Road, far Cotton, Northampton on alternate Sunday mornings.</p>	<p>If you are interested in getting involved with the new group please email.  <a href="mailto:join@northamptonscouts.org.uk">join@northamptonscouts.org.uk</a></p>
<p>These free monthly sessions are specially tailored towards the needs and abilities of children with special educational needs, communication disorders and other</p>	<p><a href="https://www.nmpat.co.uk/musical-inclusion-programme/">https://www.nmpat.co.uk/musical-inclusion-programme/</a></p>

<p>disabilities. However, the sessions are also very much open to all the family (both young and old).</p> <p>The team of specialist artists lead participants through a wide range of different songs to suit all ages, abilities and interests using lots of different props to make the songs interesting and exciting.</p> <p>A signer is also present at the session and Makaton symbols are used to help some of the children understand the meaning of the song and follow the lyrics.</p>	<p>ssteptoe@nmpat.co.uk</p> <p>01604 637117</p>
<p>Almost all of the facilities at Riverside Hub have been designed so that they can be used by children with special educational needs or disabilities (SEND).</p> <p>The huge 'World of Play' frame has many interactive features that children can use and will find exciting. There is also a sensory room that is always a popular place to relax in a calming atmosphere. Parents/carers can drive the go-karts from the back seat.</p> <p>There are monthly events for families of children with SEND who are also welcome to visit the Hub at any time. SEND sessions are usually held on a Friday from 6:30pm.</p>	<p><a href="https://www.riversidehub.com/SEND">https://www.riversidehub.com/SEND</a></p> <p>admin@riversidehub.com</p> <p>01604 403003</p>
<p>There are 15 local parks and 46 pocket parks in West Northamptonshire. Fifty-four parks have dedicated playgrounds.</p> <p>Local Parks:</p> <ul style="list-style-type: none"> <li>Crick- Cracks Hill</li> <li>Daventry- Borough Hill</li> <li>Northampton- Abington Park</li> <li>Northampton- Becket's Park</li> <li>Northampton- Bradlaugh Fields</li> <li>Northampton- Dallington Park</li> <li>Northampton- Delapre Park</li> <li>Northampton- Eastfield Park</li> <li>Northampton- Hunsbury Hill Park</li> <li>Northampton- Kingsthorpe Recreation Ground</li> <li>Northampton- The Racecourse</li> <li>Northampton- Thornton Park</li> <li>Northampton- Upton Country Park</li> <li>Northampton- Victoria Park</li> <li>Towcester- Towcester Watermeadows</li> </ul>	<p><a href="https://www.westnorthants.gov.uk/country-parks-parks-and-open-spaces">https://www.westnorthants.gov.uk/country-parks-parks-and-open-spaces</a></p>

For Further information about all clubs, activities and groups, please visit:

[SEND Local Offer directory | West Northamptonshire Council \(westnorthants.gov.uk\)](https://www.westnorthants.gov.uk/SEND-Local-Offer-directory)